



Veins, veins go away!

Many people notice as they age that they have more redness around their cheeks and nose and often little “broken capillaries” on their face. These little vascular clusters are called **Telangiectasia**. They can easily be treated with laser in as little as 2-3 treatments and will dramatically improve the overall appearance of your face.

Some people associate telangiectasia with drinking too much alcohol, but that is rarely the case. These veins are often caused by sun damage and your skin thinning as you age, as well as being hereditary. Fortunately there’s an easy fix!

We have 2 different types of lasers that target the hemoglobin in the blood to heat the vessel from the inside and then collapse it permanently. Our first option is to use our individual vascular laser called the “YAG”. This laser targets the vessels that can be seen with the naked eye, one at a time, that vary from light pink to deep purple/blue. Then second option of laser is our Limelight IPL laser. Most of you know this one as the “brown spot laser”. But we can actually use a different program on this one to target just redness. This laser is used for the background pink that is often leftover after we laser the individual vessels. We recommend waiting about 3 weeks between the 2 different types of laser.

We can take detailed photos with our digital Visia photo analysis and compare the vascular areas in your skin Before and After. You can make impressive improvements with the redness in your skin for around \$300-\$400! Call us for a Visia digital analysis to talk about your telangiectasia!

(360-) 430-8431



Got Toenail Fungus?

Don't be ashamed! Many people suffer from this embarrassing foot problem with no end in sight! There are a few prescription medications out there, but they can have nasty side effects and take a very very long time to get any results.

There is a new treatment for toenail fungus in the process right now for FDA approval! And we've got it here at Flourish! This is a very similar treatment to our Laser Genesis, only it's different power levels and concentrated on your toes. Just how Laser Genesis kills the bacteria in acne, it can also work on the organisms that create toenail fungus. Studies are finding that you can have your toes practically fungus-free in 4 treatments spaced one week apart. Pricing ranges from \$30 per single toe up to \$150 for all 10 tooties. Please call us today if you've been struggling with nasty toe fungus and want to feel free to wear sandals again this summer!

New BareMinerals Liner

It's finally here! BareMinerals has launched their amazing creamy, preservative-free eye-liner pencils. They can deliver the look of larger more luminous eyes by visually enhancing the whites of eyes so they look brighter. The long-wearing velvety formula glides on easy with an infusion of conditioning botanical extracts, antioxidants and 100% pure bare minerals. On the other end of the eye-liner is a soft smudge tip for blending effects. They come in beautiful shades and are easy to take on-the-go. This is our summer “must have” for 2010!



IMPORTANT INFO ABOUT SUNSCREEN YOU SHOULD KNOW!

“We all know just how important it is to use sunscreen on our family and ourselves. But when you’re in the sunscreen aisle it can be overwhelming to try and pick out the ones that are the safest. The Environmental Working Group, a nonprofit public health and environmental research and advocacy organization based in Washington D.C., studied nearly a thousand brand-name sunscreens in 2009. Three out of five did not adequately protect our skin from the sun or that were made with chemicals that could be harmful to people. Remember, those same harmful chemicals build up in our environment- whether it washes off in the ocean or goes down our shower drain and into the water supply.

One common and controversial sunscreen ingredient is **oxybenzone**. Its primary function is to absorb ultraviolet light but research shows it can also be absorbed through the skin. The Centers for Disease Control and Prevention released a study in 2008 showing that **97 % of Americans** they tested were contaminated with **oxybenzone**.

Oxybenzone is currently allowed in sunscreens but recent research is revealing that it is linked to allergies, hormone disruption, and cell damage that can lead to skin cancer. Another study by the CDC also revealed that **oxybenzone** is linked to low birth weight in baby girls whose mothers were exposed during pregnancy.

So why is **oxybenzone** still considered “safe” for use in sunscreens? Unfortunately, the FDA, which regulates sunscreen safety, has not updated mandatory sunscreen standards in more than 30 years. Current FDA oversight of sunscreens is largely confined to ensuring that sunscreens prevent sunburns and that the manufacturers’ labeling claims can be supported. This means that the FDA is only regulating the sun protection factor from ultraviolet B rays that cause sunburns, and not ultraviolet A rays that can cause melanoma, the deadliest form of skin cancer. The regulations do nothing to address health concerns centered on **oxybenzone**.

What should you do? The best advice is to look for a **broad-spectrum sunscreen** that offers protection from both UVB and UVA rays but does not contain oxybenzone. This will give you the most protection from the sun’s harmful rays without polluting your body or the environment. Sunscreens containing zinc oxide or titanium oxide are recommended by the Environmental Working Group, and are the best for all skin types.”

- article from the Columbian Newspaper, Vancouver WA-

The good news is that you can find many different types of Broad-spectrum Sunscreen containing Zinc-Oxide and/or Titanium Oxide at Flourish Skin & Laser!!! Please share this information about Oxybenzone with your family and friends.

Just a little heads up~ We will be some pricing changes on services starting July 1st 2010. Some prices are going up and some are going down. New menus and price sheets are available at our office. If you have any questions please email us directly at amy@flourishlaser.com or mary@flourishlaser.com



(360) 430-8431

Flourish Features

Oxybenzone-free Sunscreen - 15% off

Facial Vein treatment - 20% off

TITAN 40% OFF every Thursday in August!

Only Thursdays, limited appointments, no exceptions.

Valid through August 31th, 2010

For more information on products or services

check out www.flourishlaser.com